

SERVICES & PRICING

PRIVATE ONE-ON-ONE PERSONAL TRAINING

*30-minute Sessions Include Monthly Body Fat Analysis 3-month commitment REQUIRED

PER MONTH

1x Weekly: \$215 + Tax 2x Weekly: \$430 + Tax 3x Weekly: \$645 + Tax 4x Weekly: \$850 + Tax 5x Weekly: \$1100 + Tax

Single Session: \$72 + Tax

SEMI PRIVATE/SMALL GROUP 2-4 PERSONAL TRAINING

30-minute Sessions Include Monthly Body Fat Analysis 3-month commitment REQUIRED

PER PERSON PER MONTH

1x Weekly: \$145 + Tax 2x Weekly: \$290 + Tax 3x Weekly: \$430 + Tax 4x Weekly: \$575 + Tax 5x Weekly: \$715 + Tax

GROUP FITNESS CLASSES

FIRST CLASS ALWAYS FREE

Monthly Unlimited: **\$129 + Tax** 3-month commitment REQUIRED

Month to Month \$159 + Tax

Monthly body fat analysis add-on: \$10 + Tax Group Fitness add-on to Personal Training: \$65 + Tax

GROUP CLASS DROP INS:

1 class: \$20 + Tax 5 class pass: \$90 + Tax 10 class Pass: \$180 + Tax 15 Class Pass: \$275 + Tax